

INTRODUCTION TO TOGETHER 2 GOAL[®]

THE ISSUE

Your organization sees people with Type 2 diabetes every day. This chronic disease impacts approximately 28 million Americans and this figure is expected to rise. Two in every five U.S. adults are expected to develop Type 2 diabetes throughout their lifetime. Cases of diagnosed diabetes account for \$1 of every \$10 spent on medical care in the United States. Most people with diabetes have at least one comorbidity that complicates care, treatment, and outcomes.

Improving diabetes management will require an expanded effort and an increased focus from healthcare systems, clinicians, patients, employers, and the entire nation.

THE CAMPAIGN

Created by AMGA Foundation, Together 2 Goal[®] is a three-year national campaign to improve care for 1 million people with Type 2 diabetes by leveraging the coordinated care delivery systems of members of AMGA, which collectively deliver care to 1 in every 3 Americans.

As of February 2016, more than 100 medical groups and health systems delivering care to more than 26.2 million patients have joined the campaign. In addition to working with AMGA members, Together 2 Goal[®] has also teamed up with nonprofit partners and supporting organizations, as well as corporate collaborators in a wide-reaching effort to raise awareness and empower individuals and communities to tackle one of the nation's most important public health challenges. A comprehensive list of these organizations is available at www.Together2Goal.org.

To achieve this ambitious goal by 2019, medical groups and health systems joining the campaign will:

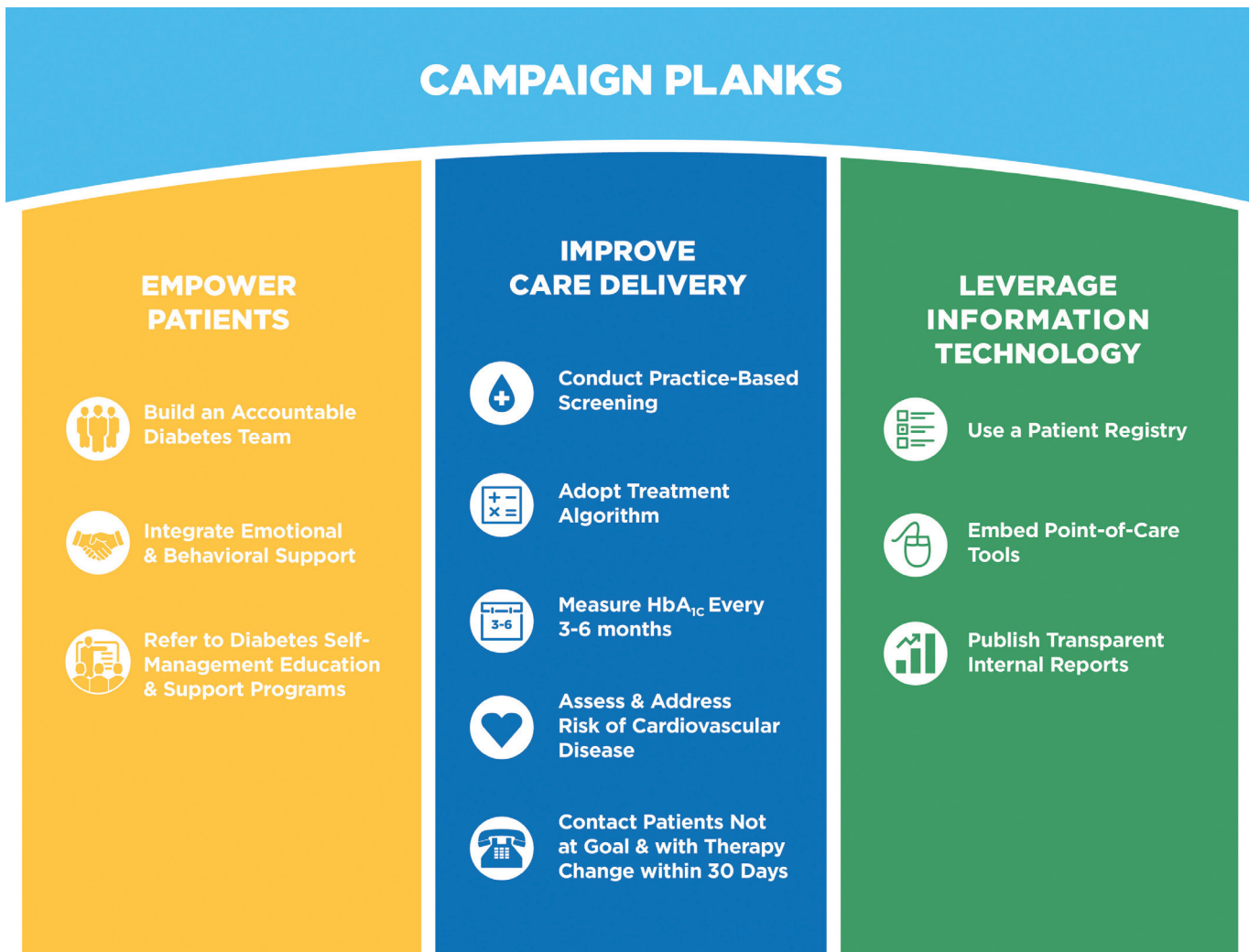
- (1) **Adopt one or more evidence-based care processes (“campaign planks”) known to improve care and patient outcomes.** The campaign planks (see page 8) are based on best practices derived from our Best Practices in Managing Diabetes Collaboratives, and in consultation with the campaign's National Advisory Committee and Scientific Advisory Committee. Participating medical groups and health systems commit to implementing at least one campaign plank, although we anticipate many will address multiple planks and some will adopt all 11. The campaign planks are organized by domain.
- (2) **Report data on a quarterly basis.** With Together 2 Goal[®], participating organizations will always know how they're doing. By reporting diabetes-related data on a quarterly basis, medical groups and health systems measure progress towards their organization's goals for diabetes and our shared campaign goal of improved care for 1 million people with Type 2 diabetes. We provide multiple data reporting tracks:
 - Basic Track: A1c control only
 - Core Track: A1c control, blood pressure control, lipid management, and testing for renal disease (reported both individually and as a “bundle”)
 - Innovator Track: Core Track and additional measures to be determined

More information about data reporting, including access to the data portal, data specifications, and data reporting schedule, is available in Appendix D: Data Reporting.

(3) **Use free campaign resources to help you get to goal.** Throughout the three-year campaign, you'll be supported by powerful tools and resources that have been developed by AMGA members and are proven to deliver the best outcomes. These resources include:

- *Together 2 Goal® Campaign Toolkit*
- Monthly campaign webinars
- Educational resources for patients
- Online discussion forum
- National Day of Action

These resources can be accessed at www.Together2Goal.org.



OUR HISTORY

Together 2 Goal® is the second campaign in AMGA Foundation's Chronic Care Challenge. In the first campaign, Measure Up/Pressure Down®, nearly 150 AMGA members worked together to improve blood pressure detection or control for more than half a million Americans.

Through this effort, we've learned how to leverage our collective strengths to transform care. Now it's time to build on this momentum and join forces in the fight against the next chronic condition: Type 2 diabetes.



**Measure Up
Pressure Down®**

Together2Goal®
AMGA Foundation

ABOUT US

AMGA Foundation is AMGA's nonprofit arm that enables medical groups and other organized systems of care to consistently improve health and health care. AMGA Foundation serves as a catalyst, connector and collaborator for translating the evidence of what works best in improving health and health care in everyday practice.

AMGA is a 501(c)(6) trade association representing medical groups, health systems, and other organized systems of care, including some of the nation's largest, most prestigious integrated delivery systems. AMGA is a leading voice in advocating for efficient, team-based, and accountable care. AMGA members encompass all models of organized systems of care in the healthcare industry, including: physician-owned, independent group practices, integrated delivery systems, hospital-affiliated medical groups, independent practice associations (IPAs), academic and faculty practices, accountable care organizations, and high-performing health systems. Approximately 165,000 physicians practice in AMGA member organizations, providing healthcare services for 133 million patients (approximately one in three Americans). Headquartered in Alexandria, Virginia, AMGA is the strategic partner for these organizations, providing a comprehensive package of benefits, including political advocacy, educational and networking programs, publications, benchmarking data services, and financial and operations assistance.



Advancing High Performance Health

AMGA Foundation