CASE EXAMPLE

Treatment Team Checklist for Patients With Type 2 Diabetes and Cardiovascular (CV) Disease



- According to the American Diabetes Association, collaborative multidisciplinary teams are best suited to provide care for patients with chronic conditions, such as diabetes and CV disease, and to facilitate patient self-management.¹
- Below is a representative team-based care checklist for such patients.

Team Member	Check Blood Glucose Log	Check CV Risk Factors	Perform Routine Tests/Exams	Assess and Adjust Treatment Plan	Assess Adherence	Educate Patients/ Provide Tools	Schedule Follow-up/Referrals
Primary Care Provider ± Endocrinologist	v	~	~	~	~		
Cardiologist		 ✓ 	 ✓ 	~	v		
Clinical Nurse/Specialist RN/ Case Worker	~	~			4	 ✓ 	~
Certified Diabetes Educator	v				v	 ✓ 	~
Physical/Occupational Therapist						 ✓ 	
Staff Nurse					~	v	
Pharmacist	~	~			~	 ✓ 	~
Other Specialists		~	~		v	v	~
Patient/Family	✓	~					

1. American Diabetes Association. Standards of medical care in diabetes-2017. Diabetes Care. 2017;40(suppl1):S1-S135.

*CVD=Cardiovascular Disease

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- Use the template below to discuss your team's roles and responsibilities.
- Develop a chart that meets the needs of your practice.
- Incorporate the information into your EMR system.

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Clinical Nurse/Specialist RN/ Case Worker							
Certified Diabetes Educator							
Physical/Occupational Therapist							
Staff Nurse							
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Other Specialists							
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